



FAYETTE COUNTY BOARD OF EDUCATION

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“Where Excellence Counts”

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Swine Flu Update April 30, 2009

As of today, there has been one confirmed case of swine flu in Troup County. There are no confirmed cases of swine flu in Fayette County at this time. However, we want to share some basic information with you about swine flu, how we're responding and what you can do as well.

Swine flu is a respiratory disease of pigs that does not normally infect humans; however, human infections with swine flu do occur. This current strain of swine flu has begun to spread from human to human, causing illness. The symptoms of swine flu in people are often similar to regular seasonal flu and include fever, lethargy, lack of appetite and coughing. Some people with swine flu also have reported runny nose, sore throat, nausea, vomiting and diarrhea.

The Fayette County Public School System has a close relationship with the Fayette County Health Department. If any local cases of swine flu are discovered, we will be notified. Likewise, if our teachers and nurses see students with flu-like symptoms, we will share this important information with the Health Department.

But perhaps the most important relationship is the one we have with you. We need your help to prevent the spread of illness in our schools and offices – not just swine flu but any kind of virus. There are everyday actions you can take to stay healthy.

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Try to avoid close contact with sick people.
- If you or anyone in your family is sick, please stay home and limit contact with others to keep from infecting them. If you or a family member is ill and have recently traveled to an area affected by swine flu, or have been in contact with someone who has been infected with swine flu, contact your healthcare provider immediately.

If you would like more information about swine flu, visit the website of the Georgia Division of Public Health at www.health.state.ga.us or the CDC at www.cdc.gov.